



## ATTENTION PLAYERS and FUTURE PLAYERS:

### Earn your spot into the Everest Youth Hockey Shot Club!

Everest Youth Hockey Association is happy to introduce our off ice-shooting program for all players and future players in our association.

Our goal is to get players out on their own shooting pucks. The only way to improve your shot is with practice and repetition. Boys and girls can improve their stickhandling and shooting abilities without being on the ice. Shooting and stickhandling in the driveway or garage daily will improve player's puck control, accuracy, and strength.

We have set up different levels for the players and future players in our association to strive for this off-season. The goal is for every player to achieve a level in our shot club. You can do it!

Each player that achieves a level will receive the special recognition outlined below:

Level	Shots	Award
Bronze Marcel Dionne (731)	3,500	Bronze Medal and Name posted on the Bronze Shot Club web page
Silver Brett Hull (741)	5,000	Silver Medal, Name posted on the Silver Shot Club web page and Everest Youth Hockey Shot Club shirt
Gold Gordie Howe (801)	10,000	Gold Medal, Name posted on the Gold Shot Club web page, Everest Youth Hockey Shot Club shirt and you'll receive your gold medal between periods at a Varsity Everest Hockey home game from the Everest team captain in front of the home crowd!
Platinum Wayne Gretzky (894)	13,000	Platinum Medal, Name and picture posted on the Platinum Shot Club web page, Everest Youth Hockey Shot Club shirt, Name is entered in drawing for "stick kid" (the stick kid will be on the bench for 1 home game with the Varsity Everest Hockey Team to assist the coaches with stick duty)

All levels of the EYH are encouraged to participate in the shooting club. Have fun, find a friend (or Mom or Dad) to shoot with, and make a game out of it. Don't forget to vary your shots! Use your backhand, wrist, etc.

Target 500 shots per week so it will take two weeks to get to 1000 shots. Before you know it you'll be at 10,000 shots!

It's easy to keep track too! We'll do it for you! Each time you shoot send an email to [shotclub@everestyouthhockey.org](mailto:shotclub@everestyouthhockey.org) and include your name, date and number of shots you took that day. We'll tally it up and post to the website ([www.everestyouthhockey.org](http://www.everestyouthhockey.org)) once a week.

Now go shoot and have FUN!